

# ClfA volunteering

## Benefits to individuals

### Why should I volunteer?

ClfA Group volunteers tell us the benefits they receive from volunteering with us include

- skills development
- career advancement
- an improvement in their mental health
- a chance to give something back
- feel as though they are making a real difference
- confidence building
- professional and personal networking opportunities
- extra CPD opportunities

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I wanted to give time and energy back to ClfA as I had always appreciated the roles the organisation fulfils within the wider industry and the necessity of fresh input to maintain the effort

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It is good to improve my CV by being part of a committee that is highly relevant to my field within archaeology, and it has already been good for my network

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I felt that sector changes were needed and that ClfA was the best forum through which to achieve these

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I feel more connected & enjoy participating in the meetings, also benefiting from listening to others

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A professional institute is only as strong as its membership, and members need to volunteer to ensure that the institute is informed and proactive

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Being a member of a ClfA group is immensely rewarding, especially when it comes to working alongside other passionate and committed members of the sector

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I have found being a group chair to be a benefit to my career- both in the professional connections I have made, and as something I can add to job applications

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I have made new connections and feel I am improving my CV and increasing my CPD; more importantly contributing to solving issues faced by those our group focus on

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Opportunity to make a positive influence in the sector and to give something back

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